

#SolveSleepInsAlliance



The Solve Sleep-ins Alliance is made up of organisations that provide care for people and work with them to speak out on care issues. We are asking you for help in our campaign.



The campaign is about pay for care workers who work through the night in people's homes. Some people may need support during the night, and so have care workers sleeping in their homes to be available if needed. These are called sleep-ins.



People who may need sleep-in support include people with learning disabilities, physical disabilities, older people, and some children. Sleep-ins help these people live independent lives within their community.



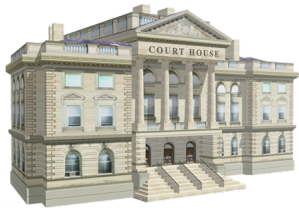
Care workers are paid by the organisations they work for or by people's **Personal Budgets**. People with **personal budgets** pay for their own care with the help of Local Government.



In the past, care workers were paid a set amount for a sleep-in, and were only paid by the hour when they were awake.



Some care workers believe that they should get paid an hourly rate for sleep-ins, as they had to be ready to care all through the night.



These care workers went to an **employment tribunal**, an employment law court, to ask for a change in how they were paid for sleep-ins.

2015



In 2015, the Government changed their advice to care providers, saying care workers should be paid by the hour through the night. But they didn't tell people about this.

2017



Then in 2017, the Government demanded that care workers be paid by the hour.

2012

2013

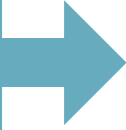
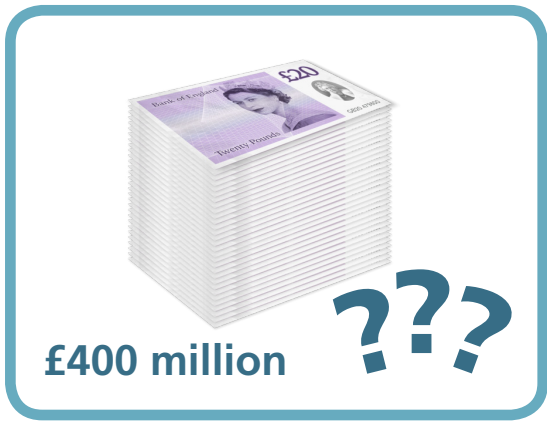
2014

2015

2016

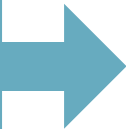
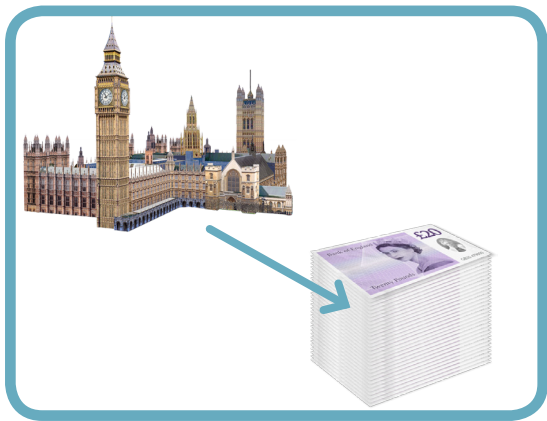
2017

The Government also said that care workers should have been paid an hourly rate for the past six years, and are owed money. This money is called back-pay.

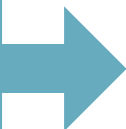


The total cost to pay the care workers' back-pay could be £400 million across the country.

It could cost even more because no one knows yet how much people with Personal Budgets will need to pay.

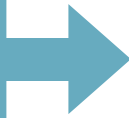


The Solve Sleep-ins Alliance believes that care workers should be paid the money they're owed. But the alliance thinks the Government should pay the money because they caused the problem by not letting people know that the advice on sleep-ins had changed.

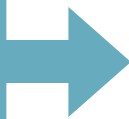


The Solve Sleep-ins Alliance also believes that the Government should pay more money in the future because they have made sleep-ins more expensive.

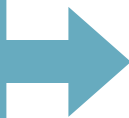
What does this mean for care?



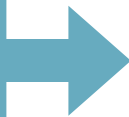
If the Government does not pay the cost of the back-pay, this could be bad for people who need care.



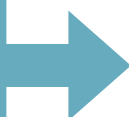
Care providers may not have enough money and so won't be able to provide as much care.



This means that people might have less choice about who cares for them.



Personal Budget holders may be asked to pay back-pay too. This is making people worry about money and paying for their care.

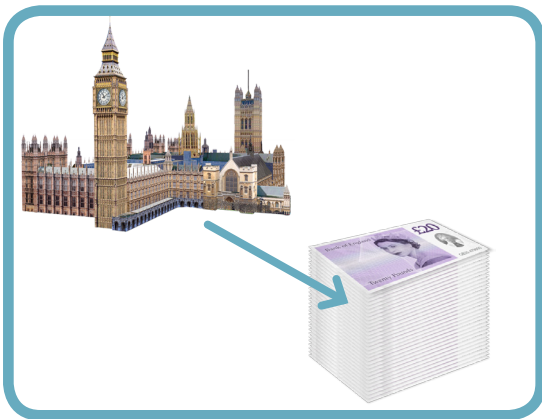


Care workers are worried that they may lose their jobs if there is not enough money to pay for them.

The Solve Sleep-ins Campaign is trying to:



Make the Government aware that the care system needs more money.

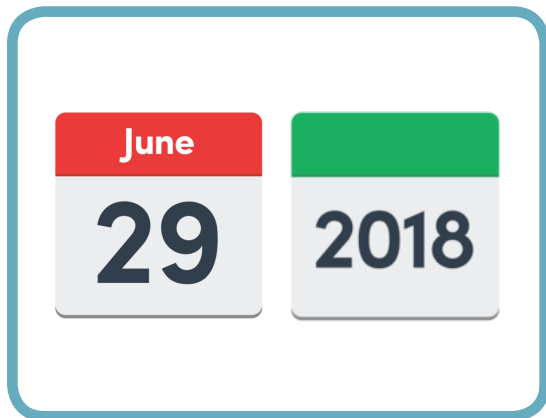


Get the Government to pay the back-pay.



Show the Government that sleep-in support is needed and should be paid for.

How to help the Solve Sleep-ins Campaign



Day of Action

Please support our day of action. Contact your local MP (Member of Parliament) and arrange to meet them on the 29th of June 2018.

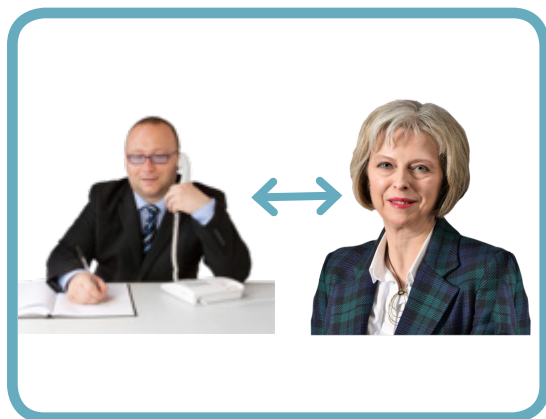


Book the meetings soon, as MPs are busy. You could meet your MP at their office, or have them visit at a service you use.

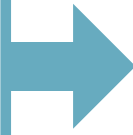


You can find out who your MP is and how to contact them by going to <http://www.parliament.uk/mps-lords-and-offices/mps/>.

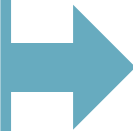
You can phone, email or write a letter. We have written some information to help you with this.



Tell your MP how important good care, including sleep-ins, is. Tell your MP to ask the Prime Minister to help pay for these services.



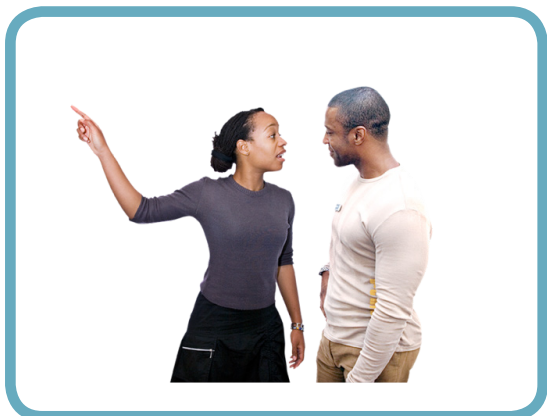
We have information to help you explain to your MP about the campaign.



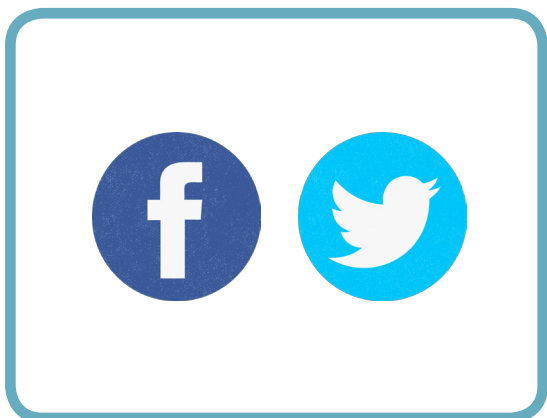
You could take a photo with your MP to share on Facebook or Twitter with the hashtag [#SolveSleepins](#)



Telling Others



Ask people you know to join in the campaign. The more people who get involved, the more successful the campaign will be.

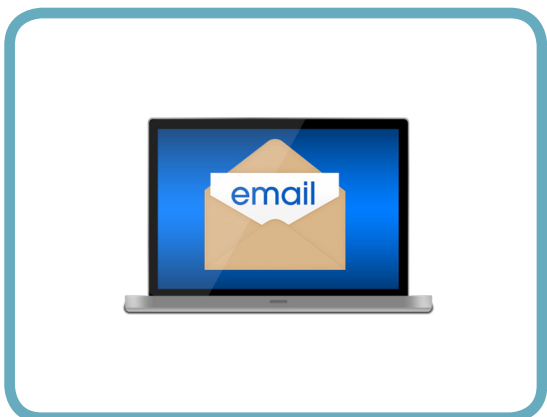


If you are using social media, you can use the hashtag [#SolveSleepins](#)

Sharing your story



Help us to show how important good care is to you and people you know. You can tweet about it using [#SolveSleepins](#).



You can send us your story to Solve.Sleepins@unitedresponse.org.uk and we will share it for you.